

Highlights of your Health Care Coverage

F5, Inc.

Group Number: 1038715

Effective Date: 10/01/2026

Any deductibles, copays, and coinsurance percentages shown are amounts for which you're responsible.

Medical Benefits apply after the calendar-year deductible is met unless otherwise noted, or if the cost share is a copay.

MEDICAL PLAN		PPO - \$850 / 10/50% / \$2,250 / \$15 COPAY WITH \$25K INFERTILITY	
		HERITAGE IN-NETWORK	OUT-OF-NETWORK
MEDICAL COST SHARES			
Individual Deductible PPY (Family embedded deductible 2X Individual)		\$850	\$1,000
Coinsurance (Member's percentage of costs after deductible based on allowable charges)		10%	50%
Individual Out of Pocket Maximum PPY, includes deductible, coinsurance, copay and pharmacy if applicable (Family OOP Max- INN: \$4,500 PPY; OON: \$10,500 PPY)		\$2,250	\$5,000 PPY
Office Visit Cost Share		\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Kinwell Connect Cost Share Waiver (Included)		All services rendered and billed by any Kinwell clinic are covered in full (waive deductible, 0%)	Not Applicable
PREVENTIVE CARE OPTIONS AND HEALTH EDUCATION			
Preventive Office Visit (Unlimited)		Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Immunizations (Unlimited)		Covered In Full	Out of Network Deductible, then 50%
Health Education (HE) (Unlimited)		Covered In Full	Out of Network Deductible, then 50%
Nicotine Dependency Programs (ND) (Unlimited)		Covered In Full	Out of Network Deductible, then 50%
Diabetes Health Education (DE) (Unlimited)		Covered In Full	Out of Network Deductible, then 50%
PREMERA HEALTH HUB			
Diabetes Management (Excluded)		Excluded	Excluded
Digestive Health (Excluded)		Excluded	Excluded
Hypertension (Excluded)		Excluded	Excluded
Mental Health (Excluded)		Excluded	Excluded
Musculoskeletal Health (Excluded)		Excluded	Excluded

MEDICAL PLAN		PPO - \$850 / 10/50% / \$2,250 / \$15 COPAY WITH \$25K INFERTILITY	
	HERITAGE IN-NETWORK	OUT-OF-NETWORK	
Tobacco Cessation (Excluded)	Excluded	Excluded	
Weight Management (Excluded)	Excluded	Excluded	
Women's Health (Excluded)	Excluded	Excluded	
CHRONIC CONDITION MANAGEMENT PROGRAMS			
Diabetes Management Plus	Excluded	Excluded	
Diabetes Prevention Plus	Excluded	Excluded	
Hypertension Plus	Excluded	Excluded	
Weight Management	Included - Advanced	Included - Advanced	
PROFESSIONAL CARE			
Professional Office Visit	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Telemedicine with Traditional Providers - General Medical	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
VIRTUAL CARE SERVICES			
Telemedicine - General Medical (Virtual Care Only)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	Not Covered	
Telemedicine - Mental Health (Virtual Care Only)	Subject to Mental Health Outpatient Professional Care In-Network Cost Share	Not Covered	
Telemedicine - Chemical Dependency (Virtual Care Only)	Subject to Chemical Dependency Outpatient Office Visit Cost Share	Not Covered	
DIAGNOSTIC SERVICES			
Preventive Imaging and Laboratory	Covered in Full	Covered in Full	
Diagnostic Laboratory	Covered in Full	Covered in Full	
Basic Diagnostic Imaging	Covered in Full	Covered in Full	
Major Diagnostic Imaging	Covered in Full	Covered in Full	
Preventive Mammography	Covered in Full	Covered in Full	
Diagnostic Mammography	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Supplemental Breast Exam	Covered in Full	Covered as any other service	
FACILITY CARE			

MEDICAL PLAN		PPO - \$850 / 10/50% / \$2,250 / \$15 COPAY WITH \$25K INFERTILITY	
	HERITAGE IN-NETWORK	OUT-OF-NETWORK	
Inpatient Facility	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Inpatient Professional Services	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Hospital Outpatient Surgery Facility	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Ambulatory Surgery Center	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Skilled Nursing Facility (120 days PPY; includes room and board, and facility billed professional and ancillary fees)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
HOSPICE & HOME HEALTH CARE			
Hospice Inpatient Facility (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Hospice Care (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
MATERNITY & REPRODUCTIVE CARE			
Birth Center	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Contraceptive Management Services (Unlimited)	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Sterilization - Female (Unlimited)	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Sterilization - Male (Unlimited)	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
PREMERA DESIGNATED CENTERS OF EXCELLENCE			
Centers of Excellence for Bariatric Surgery (Included)	Deductible, then coinsurance	Deductible, then coinsurance	
MEDICAL TRANSPORTATION BENEFITS			

MEDICAL PLAN		PPO - \$850 / 10/50% / \$2,250 / \$15 COPAY WITH \$25K INFERTILITY	
	HERITAGE IN-NETWORK	OUT-OF-NETWORK	
Centers of Excellence Travel and Care Coordination (Not subject to IRS guidelines)	Ded/Coins	Ded/Coins	
Transplant Travel & Lodging (Unlimited)	\$850 Deductible, 0% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$850 Deductible, 0% Coinsurance, applies to \$2,250 Out of Pocket Maximum	
EMERGENCY CARE AND TRANSPORTATION			
Emergency Care (If applicable, waive copay if admitted to inpatient facility)	\$100 Copay then \$850 Deductible and 10% Coinsurance; all cost shares apply to the \$2,250 Out of Pocket Maximum	\$100 Copay then \$850 Deductible and 10% Coinsurance; all cost shares apply to the \$2,250 Out of Pocket Maximum	
Emergency Room Physician	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	
Urgent Care Center	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Ambulance Transportation (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	
ALTERNATIVE CARE			
Acupuncture (Unlimited)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Manipulations (Spinal and other) (30 visits PPY)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
CHEMICAL DEPENDENCY & MENTAL HEALTH			
Chemical Dependency Inpatient Facility Care (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Chemical Dependency Outpatient Professional Care (Unlimited)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Mental Health Inpatient Facility Care (Unlimited)	\$850 PPY Deductible, then 10% Coinsurance, applies to \$1,750 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	
Mental Health Outpatient Professional Care (Unlimited)	\$15 copay, applies to OOPM	Same as INN: \$15 copay, applies to OOPM	
REHABILITATION & NEURODEVELOPMENTAL THERAPY			
Inpatient Rehab (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum	

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	HERITAGE IN-NETWORK	OUT-OF-NETWORK
Outpatient Rehab, Including Physical and Occupational Therapy (Massage Therapy limited to 30 visits PPY. Other therapies unlimited.)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Outpatient Rehab for Chronic Conditions, Including Cardiac, Pulmonary Rehab, and Cancer (Unlimited)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Outpatient Massage Therapy (Applies to the outpatient rehab limit)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Outpatient Speech Therapy (Applies to the outpatient rehab limit)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Inpatient Neurodevelopmental Therapy	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Outpatient Neurodevelopmental Therapy (Massage Therapy limited to 30 visits PPY. Other therapies unlimited.)	\$15 Copay, applies to the \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
OTHER SERVICES		
Allergy/Therapeutic Injections	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Medical Supplies, Equipment, Prosthetics (Unlimited)	\$850 Deductible, then 10% Coinsurance, applies to \$2,250 Out of Pocket Maximum	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Transplants (Unlimited)	Covered as any other service	Not Covered
SUPPLEMENTAL BENEFITS		
Routine Hearing Exam (1 every 2 plan years)	Covered in Full	\$1,000 Deductible, then 50% Coinsurance, applies to \$5,000 PPY Out of Pocket Maximum
Hearing Hardware (1 device per ear every 3 plan years)	Covered in Full	Covered in Full
ANNUAL PLAN MAXIMUM		
Annual Plan Maximum	Unlimited	Unlimited

Prior Authorization is required for many services to be covered. For more information please refer to your benefit booklet.

PPY = Per Plan Year. Balance billing may apply if a provider is not contracted with Premiera Blue Cross. Members are responsible for amounts in excess of the allowable charge.

This is not a complete explanation of covered services, exclusions, limitations, reductions, or the terms of the plan. This benefit highlight is not a contract and may change. Please see your benefit booklet or call Customer Service for full coverage information including a description of waiting periods, limitations, and exclusions.

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F5, Inc.

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Below is a brief overview of your Pharmacy Benefits. For more information on your benefits, please refer to your benefit booklets. To find out what tiers apply to a specific medication, refer to our Preferred Drug List in your Pharmacy Packet or at www.premera.com

PHARMACY PLAN		ESSENTIALS RX - RETAIL: \$10/\$20/\$40/30% MAIL: \$10/\$20/\$40/30%*
PRESCRIPTION DRUGS		
Formulary Drug List	E4 Essentials Formulary Tier 1 = Preferred Generic Tier 2 = Preferred Brand Tier 3 = Preferred Specialty Tier 4 = Non-preferred Drugs	
Annual Benefit Maximum	Unlimited	
Individual Deductible PPY	\$0	
Family Deductible PPY	No Family Deductible	
Out of Network (Non-participating retail pharmacies)	Cost Share, then 40% (to allowable)	
Out of Pocket Maximum	Applies to the medical out of pocket maximum	
Retail Cost Shares	\$10/\$20/\$40/30%	
Mail Cost Shares	\$10/\$20/\$40/30%	
Day Supply	Retail: 30 Days; Mail: 90 Days; Specialty: 30 Days	

*This plan is self-funded by F5, Inc., which means that this group is financially responsible for the payment of plan benefits. The group has contracted with Premera Blue Cross, an independent Licensee of the Blue Cross Blue Shield Association, to perform administrative duties, including the processing of claims, under the plan. Premera Blue Cross does not insure the benefits of this plan.

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Notice of availability and nondiscrimination 800-722-1471 | TTY: 711

Call for free language assistance services and appropriate auxiliary aids and services.

Llame para obtener servicios gratuitos de asistencia lingüística, y ayudas y servicios auxiliares apropiados.

呼吁提供免费的语言援助服务和适当的辅助设备及服务。

呼籲提供免費的語言援助服務和適當的輔助設備及服務。

Gọi cho các dịch vụ hỗ trợ ngôn ngữ miễn phí và các hỗ trợ và dịch vụ phụ trợ thích hợp.

무료 언어 지원 서비스와 적절한 보조 도구 및 서비스를 신청하십시오.

Звоните для получения бесплатных услуг по переводу и других вспомогательных средств и услуг.

Tumawag para sa mga libreng serbisyo ng tulong sa wika at angkop na mga karagdagang tulong at serbisyo.

Звертайтеся за безкоштовною мовною підтримкою та відповідними додатковими послугами.

សូមហៅទូរសព្ទទៅសេវាជំនួយភាសាដោយឥតគិតថ្លៃ ព្រមទាំងសេវាកម្ម និងជំនួយបន្ថែមដល់សមាជិកផ្សេងៗ។

無料言語支援サービスと適切な補助器具及びサービスをお求めください。

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Tajaajiloota deeggarsa afaan bilisaa fi gargaarsaa fi tajaajiloota barbaachisaa ta'an argachuuf bilbilaa.

မှန်ကန်စွာ အကူအညီပေးနိုင်မည့် အခမဲ့ ဘာသာစုံဖြင့် အကူအညီပေးနိုင်မည့် အကူအညီများကို အသုံးပြုနိုင်ပါသည်။

Fordern Sie kostenlose Sprachunterstützungsdienste und geeignete Hilfsmittel und Dienstleistungen an.

ໃບເຮືອສູບການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ການບໍລິການ ແລະ ການຊ່ວຍເຫຼືອພິເສດທີ່ເໝາະສົມແບບບໍ່ເສຍຄ່າ.

Rele pou w jwenn sèvis asistans lengwistik gratis ak ed epi sèvis oksilyè ki apwopriye.

Appelez pour obtenir des services gratuits d'assistance linguistique et des aides et services auxiliaires appropriés.

Zadzwoń, aby uzyskać bezpłatną pomoc językową oraz odpowiednie wsparcie i usługi pomocnicze.

Ligue para serviços gratuitos de assistência linguística e auxiliares e serviços auxiliares adequados.

Chiama per i servizi di assistenza linguistica gratuiti e per gli ausili e i servizi ausiliari appropriati.

اتصل للحصول على خدمات المساعدة اللغوية المجانية والمساعدات والخدمات المناسبة.

برای خدمات کمک زبانی رایگان و کمک‌ها و خدمات امدادی مقتضی، تماس بگیرید.

Discrimination is against the law. Premera Blue Cross (Premera) complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, intersex traits, pregnancy or related conditions, sexual orientation, gender identity, and sex stereotypes. Premera does not exclude people or treat them less favorably because of race, color, national origin, age, disability, sex, sexual orientation, or gender identity. Premera provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). Premera provides free language assistance services to people whose primary language is not English, which may include qualified interpreters and information written in other languages. If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact our Civil Rights Coordinator. If you believe that Premera has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity, you can file a grievance with: Civil Rights Coordinator — Complaints and Appeals, PO Box 91102, Seattle, WA 98111, Toll free: 855-332-4535, TTY: 711, Fax: 425-918-5592, Email AppealsDepartmentInquiries@Premera.com. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Ave SW, Room 509F, HHH Building, Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>. You can also file a civil rights complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint Portal available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at 800-562-6900, 360-586-0241 (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineServices/cc/pub/complaintinformation.aspx>.

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