

KEEP WITH YOUR IMPORTANT TRAVEL DOCUMENTS

Security, Health &
Wellbeing Assistance



SUBSCRIPTION ID

ORGANISATION

INTERNATIONALSOS.COM

WORLDWIDE REACH. HUMAN TOUCH.

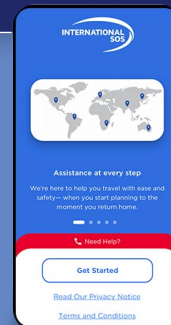
24 HOURS A DAY: CALL OUR HEALTH & SECURITY EXPERTS FOR INFORMATION, ADVICE OR EMERGENCY ASSISTANCE.

Bangkok	+66 2 206 7777	Manila	+63 2 8887 0909
Beijing	+86 10 6462 9100	Mexico City	+52 55 4166 2808
Delhi	+91 22 428 38383	Milan	+39 02 35 98 95 01
Dubai	+971 4 601 8777	Moka	+27 11 541 1300
Denpasar (Bali)	+62 21 766 4633	Paris	+33 1 5563 3155
Frankfurt	+49 6102 358 8100	Philadelphia	+1 215 942 8226
Geneva	+41 22 785 6464	Phoenix	+1 602 594 2700
Ho Chi Minh City	+84 28 3999 8100	Prague	+420 2 2211 1155
Hong Kong (SAR)	+852 2528 9900	Seoul	+82 2 3140 1700
Jakarta	+62 21 750 6001	Shanghai	+86 21 6295 0099
Johannesburg	+27 11 541 1300	Singapore	+65 6338 7800
Kuala Lumpur	+60 3 2787 3126	Sydney	+61 2 9372 2468
London	+44 20 8762 8008	Taipei	+886 2 2523 2220
Madrid	+34 91 572 4363	Tokyo	+81 3 3560 7183

NOW THAT YOU HAVE YOUR SUBSCRIPTION CARD, KEEP IT SAFE AND WITH YOU AT ALL TIMES.

WELCOME, HELPING & PROTECTING YOU IS OUR PRIORITY

Your subscription with International SOS gives you access to **24/7 worldwide security, health, wellbeing, travel and emergency assistance** in your daily life as well as in emergency situations. You can access our services digitally through our app or portal or by calling through to our Assistance Centers.



DOWNLOAD YOUR ASSISTANCE APP

- 1 DOWNLOAD** the free Assistance App from app.internationalsos.com
- 2 BE INFORMED**



The app not only delivers real time emergency alerts to yourself, it also features preventative personalized pre departure advice and the ability to find a doctor for routine health care while abroad or request mental health support.

The Assistance App is critical to your safety, especially in times of emergency. The app enables you to activate Auto Emergency Check-In so if you are in an impacted area during an emergency, International SOS will be able to quickly provide help.

Also getting help when needed or contacting an Assistance Center is made so much easier with the click to call button, connecting you to the closest Assistance Center anytime of the day from anywhere in the world.

WHEN SHOULD I CALL AN INTERNATIONAL SOS ASSISTANCE CENTER?

IN DAILY LIFE

You have free access to speak with a medical, security or wellbeing professional 24/7, they can provide information and advice at home or while away from home. How can they help?

- Speak to our health and security experts for information and advice on health and security matters
- Call before you change location for free advice on how to stay safe and healthy while away from home
- Advice on loss of travel documents
- Arrange a Teleconsultation, as appropriate
- Find a local nurse, internationally trained doctor, mental health professional, or security specialist wherever you are
- Find medication or medical equipment
- Assistance paying your medical fees.

IN AN EMERGENCY

You have access to immediate health and security assistance wherever you are, we help with:

- Arranging medical transportation, hospitalization and care
- Monitoring your condition and provide advice along the way
- Evacuating you when necessary
- Contacting your family and colleagues as appropriate, so they know you are in good hands.

Access your F5's subscriber portal at internationalsos.com/members